**Classroom Rules and Expectations**

* Students will treat themselves, peers, teachers, and equipment with respect.
* Students will make ONLY positive comments. Bullying of any other student has a strict zero-tolerance policy in this class. Rude or inappropriate comments to other students or teacher are not permitted.
* Students will avoid making unnecessary physical contact with one another.
* Students will make mature, safe choices.
* Students will remain alert of other students and equipment while in the gymnasium.
* Students will notify the teachers if they experience any physical abnormalities during an activity.
* Students will step out of an activity if they experience dizziness, lightheadedness, or any other abnormality.
* Students will maintain an adequate level of hydration.
* Students will wear appropriate athletic clothing and footwear.

**If students fail to meet the rules listed above…**

1. A visual or verbal cue will be given.
2. Student may be asked to come aside and be given a friendly reminder of what is expected.
3. Students may be asked to do a cool down activity that removes them from the rest of the class for a short time.
4. If student continues to misbehave, he or she will sit out for the entire class period and I will visit with that student once class is dismissed.
5. If this is a repeated behavior, his or her parents will be contacted.